

Spring Break Prayer Guide



⁷Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.
⁸For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.
 [Matthew 7:7 – 8]

You are encouraged to print this off and write your thoughts down.

This Prayer Guide is made from a book called, Praying With Jesus by George Martin

Saturday [March 7th 2009]

- How often do I pray?

- How do I pray?

Spend some time asking God the wisdom on how to pray like Jesus' disciples did in **Luke 11:1**. How did Jesus pray? (Look for examples in the bible how Jesus prayed) What stands out in Jesus' prayers? Why should we ask Jesus how to pray?

- Lord Jesus, teach me to pray. Give me the grace of praying as You prayed.

Sunday [March 8th 2009]

- What does it mean for you that Jesus called upon God as his "Abba"?

- How do you feel about being able to call God as "Abba/Father," (because of the Gospel)?

Spend some time researching where the term Father or Abba is used in the Bible. Think about our privilege to call God "Father" in our daily prayers. What does it mean to you that God is also your Father? (**John 14:9-11**)

- Thank you, Lord Jesus Christ, for coming among us as the Son of God and Word of God. Thank you for bringing your Father's love to Earth.

Monday [March 9th 2009]

- What words do I most often use to address God?

- Do I think of him as my Father?

Am I comfortable calling upon him as my “Abba/Father”? Spend some time reading over these bible verses: **(Matthew 6:9)(Matthew 7:11)(Matthew 6:32)(Luke 12:32) (John 14:18)(Romans 8:14 - 16)(Galatians 4:6)**. We do not have to approach God in fear; we are not slaves cringing before a master. We are sons and daughters confidently approaching our Father. Through Jesus Christ we have a great intimacy with God.

- Abba, dear Father! Teach me how much you love me. Make me comfortable coming into your presence as your dear child.

Tuesday [March 10th 2009]

- Am I holding any grudges?

- Is there anyone I need to forgive? Is there anyone whose forgiveness I need to seek?

Spend some time reading these verses: **(Mark 11:25)(Matthew 18:22)(Matthew 5:46-48)(Luke 6:36-37)**. Jesus invites us to pray as he prayed and to forgive as he forgave. He invites us to not only forgive others, but to pray for their forgiveness by God. The ultimate test of whether we have forgiven someone is whether we are willing to sincerely pray that they receive mercy and forgiveness and blessings from God.

- Thank you, Lord Jesus, for giving your life so that I may be forgiven. Give me the grace to forgive as I have been forgiven.

Wednesday [March 11th 2009]

- Do I believe that God is really interested in my prayers, no matter how imperfect my requests may be or how many mistakes I make?

- Do I believe that He loves me, despite my sins? Do I believe He hears my cries when I turn to him?

Read **(Luke 18:10 -14)**, and take note of the two different prayers. This parable of Jesus might be a stiff reminder to us that no matter how favored we are in the sight of God, and no matter how misguided and sinful the world might be, we suffer God's judgment by falling into an attitude which despises others. If such an attitude infects our prayers, then our prayers are in danger of becoming "prayers to ourselves" – prayers said for self-satisfaction. Our Father hears our cries for mercy – no matter how unholy we feel, no matter how aware we are of our sins, no matter how distant we feel ourselves to be from him – for he is close by our side when we pray.

- Father, teach me to be grateful for all the good things you have given me and done for me, but without me looking down on other people. Let me see my sins clearly, but not despair over them. Give me a heart that is pleasing to you.

Thursday [March 12th 2009]

- Have I experienced the Holy Spirit helping me pray?

- Have I ever asked for His help?

Read **(Luke 3:22) (John 7:38-39)(John 14:24-26)(Acts 1:5)(Luke 11:13)**. We need an ability beyond our own to truly offer words of fitting praise to God. We need strength beyond our own to pray with power in our intercession. We need faith beyond our own to pray for healing for those we love. We need the joy of the Spirit to lift our hearts when they are heavy. We need to pray for the Holy Spirit to be ever more present in our lives, so that we may pray with the power of the Spirit. It is only in the Spirit that we are able to pray to God as our Father, as "Abba." It is in the Spirit that we are able to pray as Jesus prayed.

- Come, Holy Spirit, fill my heart and mind. Give me words to offer a prayer of praise, that I may speak with my God and Father.

Friday [March 13th 2009]

- How faithful am I to daily prayer?

- When is the best time during my day (at home and school) for me to set aside some moments to be alone with God?

(Luke 5:17 -26 & 6:12 & 9:12 – 17)(Mark 3:20 & 6:31 – 34 & 6:45 -46)(Luke 9:58 & 5:15 – 16)(John 4:6)
These bible verses portray how busy Jesus' Life was. However, it also shows his determination to pray. We need to have a firm commitment to pray; we need to be steadfast in our prayer; we need to be determined to pray despite whatever obstacles we may encounter. Jesus will understand our failures, if we do our best to make time for prayer with the same determination he showed in finding time to be with his Father.

- Father, you know of my good intentions, and how I fall short of carrying them out. Give me the grace to stick with my resolve to spend time every day with you in prayer.

Saturday [March 14th 2009]

Spring Break Prayer Guide Follow-up

Do I have any questions? What do I want to know more about? What doesn't make sense to me?

We encourage you to talk to your Bible study leader(s), your discipler(s), or Cru Staff members about any of the questions you might have.



We are so DEEPLY loved by His Grace,
Cru Prayer Team.

We would also love to hear feedback from you!
Please e-mail anthony.yk@gmail.com or remiev@gmail.com.